

# 42 Sport and leisure

## A Sports



| sport        | person            | verb(s)                | place                |
|--------------|-------------------|------------------------|----------------------|
| athletics    | athlete           | run, jump, throw, etc. | track (in a stadium) |
| motor racing | racing driver     | drive/race             | track                |
| swimming     | swimmer           | swim/race              | pool                 |
| boxing       | boxer             | box/fight              | boxing ring          |
| skiing       | skier             | ski                    | ski slopes           |
| football     | footballer        | play                   | pitch (in a stadium) |
| ice hockey   | ice hockey player | play                   | ice hockey rink      |
| golf         | golfer            | play                   | golf course          |
| basketball   | basketball player | play                   | basketball court     |
| sailing      | sailor            | sail                   | on the sea or a lake |

### Language help

We **play** sports such as football, ice hockey, tennis, golf and basketball.

I **play** football in the winter. I **play** basketball twice a week.

We use **go** with other sports and activities, especially those ending in **-ing**.

I **go swimming** in the lake during summer. We often **go rock climbing** in the mountains.

We use **do** with a lot of / a bit of + -ing.

I **did a bit of sailing** in the holidays. I **don't do a lot of running** these days.

## B Leisure activities\*

tent



camping



rock climbing



jogging



yoga



going to the gym

We often **go camping** in the summer, and we usually **do a bit of rock climbing** as well.

My best friend **does a lot of yoga**. She **works out** in the gym two or three times a week as well.

My brother enjoys jogging, and it **keeps him fit**. [helps his body to stay in good condition]

My mum does a bit of jogging as well – just **for fun**. [because she enjoys it; *syn* for pleasure]

I'm afraid I don't **do any exercise** at all.

\* activities in your free time

## Exercises

### 42.1 Put the words into the correct columns.

|              |               |            |         |        |                  |      |
|--------------|---------------|------------|---------|--------|------------------|------|
| swimming     | golfer        | court      | track   | jump   | pitch            | net  |
| motor racing | stick         | basketball | athlete | box    | skis             | race |
| goalkeeper   | racing driver | sail       | rink    | skiing | swimming costume |      |

| sport    | person | place | verb | equipment |
|----------|--------|-------|------|-----------|
| swimming |        |       |      |           |

### 42.2 Complete the sentences with the correct verb.

- We play ..... football in the winter at my school.
- Do you ..... much exercise?
- I ..... basketball in the summer and winter.
- We always ..... in the winter, as long as there is enough snow.
- I ..... a bit of yoga when I was younger.
- We used to ..... camping in the mountains.
- I ..... a lot of swimming in the summer.
- If you want to ..... fit, you need to run three or four miles every other day.
- I used to ..... in the gym, but I'm getting a bit old for that now.

### 42.3 What is the sport and who is the person?



1 skiing .....  
skier .....



2 .....  
.....



3 .....  
.....



4 .....  
.....



5 .....  
.....

### 42.4 Complete the last word in each sentence.

- Do you know the size of a boxing ring..... ?
- I used to play ice .....
- We played golf in Scotland, where they have some fantastic golf .....
- My dad plays golf. He's not a serious golfer; he just plays for .....
- If the girls go swimming, they must remember to take their swimming .....
- We watch a lot of motor .....
- I love swimming, and it helps to keep me .....
- My sister enjoys rock .....
- You can't go camping unless you have a .....
- Running is good exercise, so four or five times a week I go .....

### 42.5

#### Over to you

Answer these questions. If possible, compare your answers with someone else.

- What sport or leisure activities do you do? Why do you do it/them?
- What sport do you watch, and where?